

PRIVATE LESSONS

Akash and his staff would love to help you improve your game through private lessons, semi-privates and private clinics..

Akash \$80 per hr. \$40 per 1/2 hr.

Michael \$55 per hr \$30 per 1/2 hr

Alex \$55 per hr \$30 per 1/2 hr

All semi-private lessons will have an additional charge of \$10. There is a 24 hour cancellation policy.

PRO SHOP: Racquet stringing service is provided in the pro shop.

JUNIOR CAMP (Jun 27-Aug 5)

Week 1 Jun 27- Jul 1 10:30 11:30 12:30

Week 2 Jul 5 - Jul 8 10:30 11:30 12:30

Week 3 Jul 11- Jul 15 10:30 11:30 12:30

Week 4 Jul 18- Jul 22 10:30 11:30 12:30

Week 5 Jul 26- Jul 29 10:30 11:30 12:30

Week 6 Aug 1 - Aug 5 10:30 11:30 12:30

For Camp Policies and Sign Up, please download the Registration Form from the website and mail it to Akash as soon as possible to reserve a spot for your child.

CAMP PRICE: \$95 per week

COMBO PACKAGE: Private lessons are great for a child's development as a tennis player. We offer a 1/2 hr private lesson each week to the students enrolled in the camp at a promotional price. You are requested to inform Akash about the lesson in advance, and the assistant pros will teach the lesson during the week of the camp. The cost for the combo package will be **\$120 per week.**

PAYMENT POLICY: Please pay in advance to reserve your camp spot. We'd like all payments to be made on the day of service in either:

Cash or check payable to: AKASH LAMBA.

Zelle: 203-448-8239 Akash

SPRING TENNIS EVENTS CALENDAR

Sat, May 28 **Memorial Day Adult Clinics:**
9-10:30 Men // 10:30-12 Women

12-1 Children's Clinic

1-2 New Members' Clinic

Mon, May 30 **WELCOME BACK MIXER**

Round Robin: 3-5 pm

Sat, Jun 4 Adult Clinics// Pvt. Lessons (By Appt.)

Sat, Jun 11 Adult Clinics// Pvt. Lessons

SUMMER

Mon, Jun 27 **Junior Summer Camp Begins- Week 1**

Mon, Jul 4 **4th July WIMBLEDON MIXER 3 pm**

Sun, Jul 10 **WOMEN'S MEMBER-GUEST 9 am**

Sun, Jul 17 **MEN'S MEMBER-GUEST 9 am**

Sun, Jul 24 **PARENT-CHILD MIXER**

Sat, Aug 20 **MARGARITA MIXER**

Sun, Sep 4 **US OPEN MIXER 5-7 pm**



Lakeside Field Club

2022 SUMMER TENNIS



AKASH LAMBA

88 Olcott Way

Ridgefield, CT 06877

Cell: 203-448-8239

Email: akash.lakeside@gmail.com

LAKESIDE FIELD CLUB

5 Brookside Lane


North Salem, NY 10560

www.lakesidefieldclub.com

GOALS

To provide a loving, supportive, and a nurturing atmosphere in which each student can learn and develop a passion for tennis — a sport for a lifetime.

HEAD PRO



Akash Lamba will be returning to Lakeside for his 16th season. He was the # 1 ranked player in India in Juniors Under 18 and was among the Top 5 in the Men's Division in 1991. He graduated from Samford University, Birmingham, AL, in May 1996, with a Bachelor's in Business Administration. He is a certified USPTA professional and has lived and taught tennis in the Ridgefield area since 1997. He teaches at Chestnut Ridge Racquet Club in Mt. Kisco in the Fall and Winter.

PHILOSOPHY

Akash strives for simplicity in his teaching so that most recreational players can learn the game reasonably well in a relatively short time and be able to play with their loved ones. He believes that a common-sense, practical approach makes tennis more enjoyable and fun for recreational players. He takes a very personal approach towards everyone, examining students' playing styles, needs, and goals to recommend the simplest solutions which will have the biggest impact on their game.

STAFF

Michael Gruseke from Monmouth University former Wilton High player, Alex Prokopczyk and Ryan Crawford from RHS, will be teaching the junior players in the camp. All pros will be supervised by Akash.

JUNIOR PROGRAMS:

SUMMER CAMP

All students will be grouped according to their age and ability, and classes will be tailored to suit their needs. Special emphasis will be placed on developing strong fundamentals and technique on ground strokes and serves.

The students will go through a variety of drills and games which will reinforce balance, racquet and ball control in a nurturing and fun atmosphere.

Akash will be present every day, during every lesson, making sure that students are learning the right fundamentals, and following the right progressions at their own pace according to their own capacity.

Camp class times are as follows :

10:30 am: Competitive development, age 12-15

11:30 am: Intermediate level, age 10-12

12:30 pm: Beginners, age 10 and under

NWJTL JUNIOR TEAM

Matches start on Wed, Jun 29 and go on for 7 wks.

Emphasis will be placed on giving the students a taste of playing matches, learning rules, etiquette and sportsmanship. Higher level players will focus on singles and doubles strategy.

Team Fees: \$50 per player

Practice: The team players play during their respective camp hours during the week. There is no separate "team practice" at a separate time.

Matches: Wed 1:30-3:30 pm

ADULT PROGRAMS:

CLINICS

Summer Clinic times from Mon, Jun 27- Sep 1 :

Ladies Dogwood (3.0-4.0)	Mon 9-10:30
CARDIO Tennis (Open)	Wed 9-10:15
Advanced Beginner (2.5-3.0)	Tue 9-10:30
	Fri 9-10:30
Ladies Beginner Clinic	Mon 9-10:30
	Thu 9-10:30

Evening Men's Clinic:

Mon/Tue depending on availability 6:30-8

Weekend Clinics from May 28- Sep 5:

Men's Open Sat 9-10:30

Ladies Open Sat 10:30-12

Cost: \$25 for 4 per court// \$30 for 3 per ct.
\$30 for 2 per court for 1 hour

DOGWOOD LEAGUE (mid May- mid July)

All 3.25-4.0 level players interested in playing Inter-Club matches are requested to contact Akash, Valerie D'Alexander, or Kristin Healy to enroll on the team.

Matches: Tuesday 9:30 am

USTA LEAGUE (early May- mid July)

USTA 3.0 Ladies Captain:

Tracy Inall and Mary Ellen Foley

Matches: Tue 6:30 pm

USTA 3.5 Ladies Captain:

Kristin Healy and Valerie D'Alexander

Matches: Wed 6:30 pm

Men's Team Captain:

John Hastings

Matches: Tue evenings 6 pm